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# Brain metabolism dictates the polarity of astrocyte control over arterioles

Grant R. J. Gordon<sup>1</sup>, Hyun B. Choi<sup>1</sup>, Ravi L. Rungta<sup>1</sup>, Graham C. R. Ellis-Davies<sup>2</sup> & Brian A. MacVicar<sup>1</sup>

Calcium signalling in astrocytes couples changes in neural activity to alterations in cerebral blood flow by eliciting vasoconstriction or vasodilation of arterioles. However, the mechanism for how these opposite astrocyte influences provide appropriate changes in vessel tone within an environment that has dynamic metabolic requirements remains unclear. Here we show that the ability of astrocytes to induce vasodilations over vasoconstrictions relies on the metabolic state of the rat brain tissue. When oxygen availability is lowered and astrocyte calcium concentration is elevated, astrocyte glycolysis and lactate release are maximized. External lactate attenuates transporter-mediated uptake from the extracellular space of prostaglandin E<sub>2</sub>, leading to accumulation and subsequent vasodilation. In conditions of low oxygen concentration extracellular adenosine also increases, which blocks astrocyte-mediated constriction, facilitating dilation. These data reveal the role of metabolic substrates in regulating brain blood flow and provide a mechanism for differential astrocyte control over cerebrovascular diameter during different states of brain activation.

In the brain, regional changes in neural activity trigger localized alterations in cerebral blood flow<sup>1</sup> through astrocyte activation<sup>2,3</sup>. A rise in intracellular free calcium concentration ([Ca<sup>2+</sup>]<sub>i</sub>) within astrocyte endfeet, which collectively circumscribe all cerebral vessels4, initiates vasoconstriction<sup>5-7</sup> or vasodilation<sup>2,6,8-10</sup>. Cerebral blood flow couples to the lactate/pyruvate ratio and the related nicotinamide adenine dinucleotide (NADH)/NAD+ ratio11-13, but links between these metabolic substrates and the mechanisms of cerebral blood flow regulation remain unresolved. We tested the hypothesis that the metabolic state of the tissue, altered by oxygen (O2) availability, dictates the type of astrocyte influence on arteriole diameter. At the onset of neural activity dendrites rapidly consume O<sub>2</sub> (ref. 14), leading to a reduction in oxygen pressure  $(p_{O2})^{15-17}$  and oxyhaemoglobin<sup>18,19</sup>, which occurs before the increase in cerebral blood flow. Brain metabolism then shifts, whereby glycolysis is enhanced<sup>20,21</sup> in astrocytes<sup>14</sup> and lactate is released<sup>22,23</sup>. Lactate is vasoactive12,24 and dynamically alters microvasculature diameter in an O<sub>2</sub>-dependent manner<sup>25</sup>. Vasodilation occurs in the brain region experiencing the O2 drop, whereas vasoconstriction ensues in the inactive surrounding area<sup>26</sup>. Delineating the cellular processes responsible for O<sub>2</sub>-metabolic effects on cerebral blood flow may be crucial for treating stroke and vascular dementia, as well as aiding in our understanding of neurovascular coupling for the scientific and diagnostic uses of functional magnetic resonance imaging.

#### p<sub>O2</sub> converts polarity of vessel response

We tested whether  $p_{\rm O2}$  consistently determined if vasoconstrictions or vasodilations were evoked by synaptic activation or by astrocyte  ${\rm Ca}^{2+}$  transients in rat brain slices. In response to periodic 10–20-Hz stimulation of the hippocampal CA3–CA1 pathway in conditions of high O<sub>2</sub> concentration (95%) arterioles constricted (81.4  $\pm$  3.8% (100% = control diameter), n=6, P<0.007), whereas the same vessel in low O<sub>2</sub> concentration (20%) dilated (107.6  $\pm$  0.7%, n=6, P<0.005, P<0.0003 to each other, Fig. 1a–c) in response to the same stimulation. To determine the impact of  $p_{\rm O2}$  on astrocyte control of arteriole diameter we applied the metabotropic glutamate

receptor (mGluR) agonist (±)-1-aminocyclopentane-trans-1,3dicarboxylic acid (tACPD) (100 µM), which potently increased astrocyte  $[Ca^{2+}]_{i}^{2.5,8}$  (240.0 ± 19.1%, n = 14, P < 0.001, Fig. 2a) and caused arteriole dilation in conditions of low O2 concentration  $(107.0 \pm 0.8\%, n = 23, P < 0.001, Fig. 2a, f)$  but constriction in conditions of high O<sub>2</sub> concentration<sup>5</sup> (85.4  $\pm$  4.0%, n = 10, P < 0.006, Fig. 2f). Next we used two-photon photolysis of the Ca<sup>2+</sup> cage dimethoxy-nitrophenyl-EGTA-4 (DMNPE-4)<sup>27</sup> to liberate directly astrocyte Ca2+ and examine the vessel response. Uncaging DMNPE-4 triggered a Ca<sup>2+</sup> wave that spread to multiple astrocyte endfeet (Fig. 2b, c). In contrast to previous results in conditions of high O<sub>2</sub> concentration where astrocyte endfeet Ca<sup>2+</sup> caused constriction<sup>5</sup>, in conditions of low O<sub>2</sub> endfeet Ca<sup>2+</sup> (232.2  $\pm$  8.5%, n = 17, P < 0.001) caused dilation (107.4 ± 1.0%, n = 17, P < 0.003, Fig. 2b, c, f). These data indicate that  $p_{O2}$  dictates the direction of arteriole diameter change when astrocytes are activated (Supplementary Fig. 2 for  $p_{O2}$  measurements).

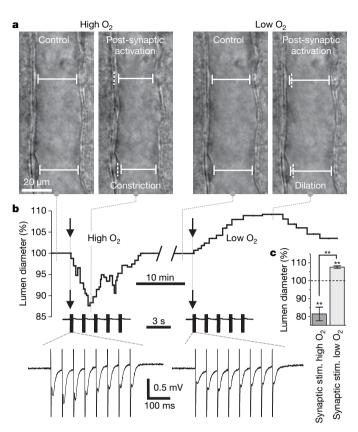
#### Vasodilation requires COX and PGE<sub>2</sub>

Astrocyte Ca<sup>2+</sup> activates cytosolic phospholipase A<sub>2</sub>, triggering formation of arachidonic acid that is either converted to 20-hydroxyeicosatetraenoic acid (20-HETE) in smooth muscle cells causing vasoconstriction<sup>5</sup> or to the vasodilator prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) in astrocytes via cyclooxygenase (COX)<sup>2,9</sup>. We verified COX1 and COX2 expression in astrocytes and their endfeet (Supplementary Fig. 3). The COX inhibitor indomethacin (100 µM) blocked vasodilations caused by tACPD (98.4  $\pm$  0.8%, n=9, P<0.0001 to tACPD alone, Fig. 2f) and by caged Ca<sup>2+</sup> photolysis (101.0  $\pm$  0.5%, n=6, P<0.002 to uncaging alone, Fig. 2d, f) in conditions of low O<sub>2</sub> concentration. Application of the COX product PGE<sub>2</sub> (1 µM) elicited vasodilation (109.4  $\pm$  2.7%, n=4, P<0.05, Fig. 2e), confirming COX activation and that the generation of PGE<sub>2</sub> is an important signalling molecule in astrocyte-mediated vasodilations in conditions of low O<sub>2</sub> concentration<sup>2,9</sup>.

We investigated how changing  $p_{O2}$  could modify the type of astrocyte influence on arterioles. Lowering  $p_{O2}$  may elevate anaerobic

<sup>1</sup>Brain Research Centre, Department of Psychiatry, University of British Columbia, British Columbia T2N 2B5, Canada. <sup>2</sup>Department of Pharmacology & Physiology, Drexel University College of Medicine, Philadelphia, Pennsylvania 19102, USA.

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**Figure 1** | **Lowering**  $p_{O2}$  **converts vasoconstriction to vasodilation. a**, Arteriole before and after synaptic activation in high  $O_2$  (left) and low  $O_2$  (right). Dashed vertical lines indicate the previous position of the vessel wall. **b**, Top: vessel lumen diameter changes over time in the same vessel shown in **a**. Arrows indicate time of afferent stimulation. Bottom: two expanded timescales show the stimulation protocol (350-ms, 20-Hz train repeated 5 times at 0.75 Hz) and the first train of the field excitatory postsynaptic potentials evoked, verifying synaptic activity. **c**, Summary data (n = 6). In all figures, experimental values are the mean  $\pm$  s.e.m. Double asterisk, P < 0.01.

metabolism, increasing external lactate. Notably, the action of PGE<sub>2</sub> is terminated when prostaglandin transporters (PGTs) take up PGE<sub>2</sub> by an exchange of intracellular lactate<sup>28</sup>. Owing to the influence of a lactate concentration gradient on PGT efficacy, we tested the hypothesis that higher levels of extracellular lactate reduce PGT uptake of PGE<sub>2</sub>, thereby increasing the external PGE<sub>2</sub> concentration resulting in vasodilation. Immunohistochemistry revealed that PGT was expressed in astrocyte endfeet (Fig. 3a) and neurons (Fig. 3b), indicating that both cell types take up PGE<sub>2</sub>. Consistent with a positive correlation between external lactate and external PGE<sub>2</sub>, low O<sub>2</sub> concentration enhanced both lactate release (low  $O_2$ ,  $114.2 \pm 9.1 \,\mu\text{M}$ , n = 6; high O<sub>2</sub>, 41.9  $\pm$  5.6  $\mu$ M, n = 6, P < 0.001, Fig. 3c) and extracellular PGE<sub>2</sub> levels when PGE<sub>2</sub> production was triggered by tACPD (low  $O_2$ , 136.1  $\pm$  10.2 pg ml<sup>-1</sup>, n = 6; high  $O_2$ , 91.9  $\pm$  12.6 pg ml<sup>-1</sup>, n = 4, P < 0.001, Fig. 3d). Addition of lactate (1 mM) enhanced the level (control,  $40.5 \pm 3.3 \,\mathrm{pg \, ml}^{-1}$ ; with  $58.0 \pm 3.1 \text{ pg ml}^{-1}$ , n = 5, P < 0.01) and increased arteriole diameter  $(107.5 \pm 1.0\%, n = 15, P < 0.0001, Fig. 3e-g)$ . Lactate-induced dilations were blocked by indomethacin (100.4  $\pm$  0.4%, n = 11, P < 0.0001 to lactate alone, Fig. 3g), indicating that they were mediated by PGE2 via the COX pathway. These data indicate that in low O2 concentration higher levels of extracellular lactate raise external levels of PGE<sub>2</sub>.

#### Vasodilation requires lactate

We examined the role of astrocyte glycolysis in lactate production<sup>23,29</sup> by imaging the intrinsic fluorescence of the metabolic electron carrier

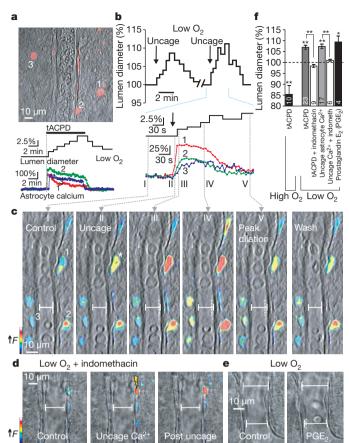


Figure 2 |  $O_2$ -mediated conversion to astrocyte-mediated vasodilation requires COX and PGE<sub>2</sub>. a, Top: astrocytes (red) surround arteriole. Bottom: astrocyte Ca<sup>2+</sup> signals occur coincident with vasodilation caused by the mGluR agonist tACPD in low  $O_2$ . b, Top: uncaging astrocyte  $Ca^{2+}$  causes vasodilation in low  $O_2$ . Bottom: expanded timescale shows that astrocyte endfoot  $Ca^{2+}$  precedes diameter increase. c, Vessel and pseudo-coloured endfoot  $Ca^{2+}$  changes corresponding to times in b. d, Blocking COX prevents vasodilation caused by uncaging  $Ca^{2+}$  in low  $Co_2$ . e, PGE<sub>2</sub> causes vasodilation in low  $Co_3$ . f, Summary data. Asterisk,  $Co_3$ 0.05; double asterisk,  $Co_3$ 0.01.

NADH<sup>30</sup>. Two-photon excitation of NADH provides a measure of both oxidative metabolism (punctate mitochondrial fluorescence) and glycolytic metabolism (diffuse cytosolic fluorescence)<sup>14</sup>. We observed that astrocytes, stained with SR-101 (ref. 31), showed diffuse NADH fluorescence in the soma and endfeet (Fig. 3h, i). Stimulating glycolysis with low O<sub>2</sub> increased the astrocyte NADH signal (124.6  $\pm$  1.4%, n = 5, P < 0.003, Fig. 3i, j) and inhibiting glycolysis with iodoacetate (200  $\mu$ M) reduced basal NADH levels (87.8  $\pm$  2.0%, n = 5, P < 0.004, Fig. 3k). Inhibiting lactate dehydrogenase (LDH, which converts pyruvate and NADH to lactate and NAD<sup>+</sup>; Supplementary Fig. 1) with oxamate (2.5 mM) increased NADH (119.3  $\pm$  2.0%, n = 6, P < 0.004, Fig. 3l). These data indicate that astrocyte glycolysis can be augmented by reducing  $p_{O2}$ .

Recent two-photon NADH imaging demonstrated an increase in a strocyte glycolysis caused by neuronal activity<sup>14</sup>. We proposed that mGluR activation enhances a strocyte glycolysis in conditions of low O<sub>2</sub>, promoting increases in extracellular lactate and vaso dilation. tACPD triggered an increase in astrocyte NADH (128.7  $\pm$  4.1%, n=7, P<0.0005, Fig. 4a–e) coincident with lumen widening (108.5  $\pm$  0.7%, n=7, P<0.01, Fig. 4b, c). tACPD enhanced extracellular lactate, which was greatest in low O<sub>2</sub> (low O<sub>2</sub>, 186.7  $\pm$  11.2  $\mu$ M, n=6; high O<sub>2</sub>, 98.6  $\pm$  10.2  $\mu$ M, n=7, P<0.001, Fig. 4f). For additional NADH measurements see Supplementary Figs 4 and 5. We used two pharmacological treatments to limit lactate NATURE ARTICLES

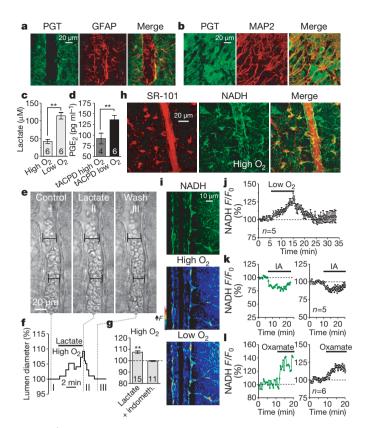


Figure 3 | Low  $O_2$  facilitates lactate and PGE2 release and enhances astrocyte glycolysis. a, b, Immunohistochemistry showing that astrocyte endfeet and neurons express PGT. c, Lactate release is elevated in conditions of low  $O_2$ . d, tACPD increases PGE2 release most in conditions of low  $O_2$ . e–g, Lactate dilates arterioles and requires COX. Double asterisk, P < 0.01. h, Metabolic NADH signal (green image stack) in astrocytes (red image stack). i, Low  $O_2$  increases NADH signal. j, Astrocyte NADH changes caused by low  $O_2$ . k, l, Astrocyte NADH in response to glycolysis inhibition with iodoacetate (1A, k) or LDH inhibition with oxamate (l). Green traces are single experiments; grey traces are summary data.

release. Using iodoacetate to block the source of lactate, tACPD instead decreased astrocyte NADH (81  $\pm$  0.4%, n = 5, P < 0.0001to tACPD alone, Fig. 4g) and failed to dilate vessels (97.8  $\pm$  0.2%, n = 5, P < 0.0001 to tACPD alone, Fig. 4i). The NADH signal decrease was probably due to tACPD-induced astrocyte swelling. Using oxamate to curtail lactate formation, tACPD still increased astrocyte NADH (112.8  $\pm$  3.1%, n = 6, P < 0.02, Fig. 4h; see Supplementary Fig. 1), yet vasodilations no longer occurred  $(99.0 \pm 0.1\%, n = 6, P < 0.0001 \text{ to tACPD alone, Fig. 4i})$ . The lack of dilation was associated with reduced extracellular lactate (tACPD,  $180.2 \pm 11.9 \,\mu\text{M}$ , n = 6; plus iodoacetate,  $88.2 \pm 8.8 \,\mu\text{M}$ , n = 6, P < 0.001; plus oxamate, 89.1 ± 6.6 µM, n = 6, P < 0.001, Fig. 4j) and PGE<sub>2</sub> (tACPD,  $154.0 \pm 10.1 \text{ pg ml}^{-1}$ , n = 4; plus iodoacetate,  $115.4 \pm 10.6 \,\mathrm{pg \,ml}^{-1}, \qquad n = 6,$ P < 0.001;plus  $94.6 \pm 7.6 \,\mathrm{pg \, ml}^{-1}$ , n = 6, P < 0.01, Fig. 4k). Because PGE<sub>2</sub> is the final effector molecule on smooth muscle cells, we rescued vasodilation with PGE<sub>2</sub> in iodoacetate (109.0  $\pm$  1.3%, P < 0.002, n = 5, Fig. 4i) or in oxamate (109.2  $\pm$  2.2%, P < 0.02, n = 5, Fig. 4i and Supplementary Fig. 6). These data demonstrate that inhibition of glycolysis or LDH limits extracellular lactate and PGE2 accumulation in response to tACPD in low O2 conditions, preventing astrocytemediated vasodilations.

#### Adenosine blocks vasoconstriction

Our data do not yet explain why vasoconstrictions are absent in low  $O_2$ . A low- $O_2$  environment causes an elevation in extracellular adenosine  $^{32,33}$ , and adenosine A2A receptors reduce smooth muscle

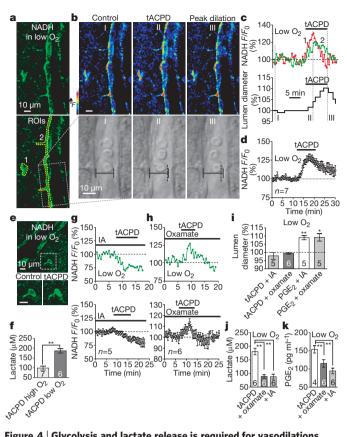


Figure 4 | Glycolysis and lactate release is required for vasodilations. a–d, Astrocyte NADH increases (measurements from the regions of interest (ROIs)) coincident with vasodilation in response to tACPD in low O<sub>2</sub>. e, tACPD increases cytosolic NADH in astrocytes. f, tACPD increases extracellular lactate most in conditions of low O<sub>2</sub>. g, tACPD decreases astrocyte NADH during glycolysis inhibition with iodoacetate (IA). h, tACPD increases astrocyte NADH during LDH inhibition with oxamate. Green traces are single experiments; grey traces are summary data. i, tACPD fails to dilate vessels in the presence of oxamate or iodoacetate, and PGE<sub>2</sub> rescues vasodilation in these compounds. j, k, The increase in lactate and PGE<sub>2</sub> levels caused by tACPD is reduced in oxamate and iodoacetate.

cell Ca<sup>2+</sup> channel activity<sup>34</sup>, which normally acts to induce smooth muscle cell contraction. We hypothesized that A2A receptor activation prevents astrocyte-mediated vasoconstriction. Adenosine also suppresses synaptic glutamate release through the A1 receptor<sup>33</sup>; thus, we confirmed an elevated adenosine concentration in low O<sub>2</sub> when the A1 receptor antagonist 8-cyclopentyl-1,3-dipropylxanthine (DPCPX; 100 nM) increased the slope of the extracellular field potential (low  $O_2$ , 277.7  $\pm$  63.6%, n = 9; high  $O_2$ , 99.1  $\pm$  7.1%, P < 0.05, n = 5, Fig. 5a) and decreased the paired-pulse ratio (low  $O_2$ ,  $1.79 \pm 0.04$ ; plus DPCPX,  $1.42 \pm 0.05$ , P < 0.0001, n = 9; high  $O_2$ ,  $1.47 \pm 0.01$ ; plus DPCPX,  $1.49 \pm 0.03$ , P > 0.5, n = 5, Fig. 5a) only in low  $O_2$ . In the presence of adenosine (100  $\mu$ M), uncaging astrocyte Ca<sup>2+</sup> in high O<sub>2</sub> concentration resulted in no vasoconstriction  $(99.6 \pm 0.9\%, P > 0.6, n = 4$ , Supplementary Fig. 7). After an initial uncaging event that caused constriction (87.1  $\pm$  1.3%, P < 0.002, Fig. 5b), the A2A receptor agonist CGS21680 (1 µM) blocked subsequent constriction (99.3  $\pm$  0.5%, P < 0.0004 to constriction, n = 7, Fig. 5b) despite similar astrocyte Ca<sup>2+</sup> signals ( $F/F_0 = 179.9 \pm 10.9\%$ ; plus CGS21680  $F/F_0 = 173.8 \pm 10.3\%$ , n = 7, P > 0.7). A2A receptor activation did not affect PGE2 in response to tACPD (217.0 ± 20.4%, n = 5; plus CGS21680, 186.6  $\pm$  12.1%, n = 6, P > 0.2), allowing vasodilations to proceed in low  $O_2$ . These data demonstrate that increasing extracellular adenosine levels, which occurs in low O<sub>2</sub>, prevents astrocyte-mediated vasoconstriction, thereby facilitating the switch to vasodilation.

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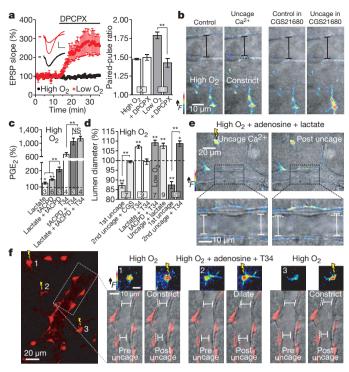


Figure 5 | Raising adenosine and PGE<sub>2</sub> levels converts the vessel response. a, Enhancement of synaptic transmission by DPCPX shows that extracellular adenosine is elevated in conditions of low  $\rm O_2$  concentration. Scale bars: 0.3 mV, 5 ms. EPSP, excitatory postsynaptic potential. b, In conditions of high  $\rm O_2$  concentration uncaging  $\rm Ca^{2+}$  fails to cause vasoconstriction in the presence of the A2A receptor agonist CGS21680. c, T34 blocks lactate from increasing PGE<sub>2</sub> levels. NS, not significant. d, Summary of vessel responses. Values for lactate plus T34 and tACPD plus T34 were normalized to T34 baseline. e, In conditions of high  $\rm O_2$  concentration uncaging  $\rm Ca^{2+}$  in adenosine and lactate triggers vasodilation instead of vasoconstriction. f, In conditions of high  $\rm O_2$  concentration vessel responses caused by uncaging  $\rm Ca^{2+}$  convert from vasoconstriction to vasodilation in the presence of adenosine and T34.

#### **Lactate attenuates PGT efficacy**

We pharmacologically inhibited PGTs to raise extracellular levels of PGE2 and examine the effect on arterioles. Blockade of PGTs with TGBz T34 (ref. 35) (hereafter called T34) (20 µM) elevated PGE<sub>2</sub> levels (669.0  $\pm$  110.8%, P < 0.0001, n = 4, Fig. 5c) and dilated arterioles (107.0  $\pm$  0.8%, P < 0.001, n = 7, Fig. 5d), indicating tonic PGE<sub>2</sub> uptake. Adding tACPD further enhanced the PGE<sub>2</sub> level (T34 plus tACPD, 1,048.9  $\pm$  173.6%, P < 0.02 compared to T34, n = 3, Fig. 5c) and caused further dilation (T34 plus tACPD,  $109.1 \pm 1.3\%$ , P < 0.0004 from T34 baseline, n = 7, Fig. 5d), indicating that PGE<sub>2</sub> release occurs by diffusion and not by the transporter<sup>36</sup>. However, adding lactate did not further augment PGE2 (T34 plus tACPD plus lactate,  $1,134.2 \pm 138.7\%$ , P > 0.4 compared to T34 plus tACPD, n=4, Fig. 5c) in contrast to the additive effects of lactate and tACPD without T34 (lactate,  $124.0 \pm 11.9\%$ , P < 0.02, n = 3; tACPD,  $145.6 \pm 11.6\%$ , P < 0.001, n = 6; lactate plus tACPD,  $207.0 \pm 24.3\%$ , n = 3, P < 0.005 to tACPD or lactate alone, Fig. 5c). Dilation caused by T34 was not increased further by lactate (T34 plus lactate, 99.4  $\pm$  1.4%, P > 0.1 from T34 baseline, n = 9, Fig. 5d). These data indicate that T34 occludes the lactate effects of raising PGE2 and causing vasodilation. This demonstrates that PGT efficacy controls the PGE<sub>2</sub> level and thus vascular tone.

#### PGE<sub>2</sub> and adenosine convert constrictions

We reasoned that adding lactate (100  $\mu M$  to 1 mM) and adenosine (100  $\mu M)$  in conditions of high  $O_2$  would enable astrocyte-mediated constrictions to convert to dilations by attenuating PGE2 uptake and

blocking vasoconstriction, respectively. Under this condition,  $\operatorname{Ca}^{2+}$  uncaging now resulted in dilation (107.5  $\pm$  1.4%, P < 0.004 to adenosine alone, n = 9, Fig. 5d, e), despite equivalent  $\operatorname{Ca}^{2+}$  signals in astrocyte endfeet compared with adenosine alone (adenosine,  $F/F_0 = 160.4 \pm 6.1\%$ , n = 4; plus lactate,  $F/F_0 = 159.6 \pm 5.1\%$ , P > 0.8, n = 9, Supplementary Fig. 7). We hypothesized that PGT blockade by T34 in high  $O_2$  would have a similar result by reducing  $\operatorname{PGE}_2$  uptake, thereby raising extracellular  $\operatorname{PGE}_2$ . In the same vessel, an initial uncaging event caused constriction (87.4  $\pm$  1.8%, P < 0.009, Fig. 5d, f) but a second uncaging event in the presence of T34 and adenosine caused dilation (108.7  $\pm$  1.4%, n = 5, P < 0.02, P < 0.0001 to constriction, Fig. 5d, f). These data indicate that astrocytes induce vasodilation over vasoconstriction when constrictions are prevented by adenosine and  $\operatorname{PGE}_2$  uptake is reduced by elevated lactate.

Here we show that by lowering  $p_{O2}$ , astrocyte-induced responses convert to vasodilations from vasoconstrictions. Astrocyte Ca<sup>2+</sup> transients from mGluR activation trigger the synthesis of diffusible arachidonic acid and PGE<sub>2</sub>. In high O<sub>2</sub>, extracellular PGE<sub>2</sub> is rapidly cleared by PGTs as a result of low extracellular lactate levels. This keeps extracellular PGE2 levels low and allows astrocyte-derived arachidonic acid to constrict arterioles<sup>5</sup>. In low O<sub>2</sub>, astrocyte glycolysis is enhanced and extracellular lactate increases. High external lactate hinders PGE<sub>2</sub> clearance and increases extracellular PGE<sub>2</sub>, which dilates arterioles. In addition, increased adenosine release in low O2 inhibits astrocyte-mediated vasoconstrictions at the level of smooth muscle cells, blocking the effect of arachidonic acid (Supplementary Fig. 1). Flow through blood vessels is proportional to vessel radius to the fourth power; therefore, a ~9% change in arteriole diameter reported here equates to a ~45% increase in cerebral blood flow. This change is consistent with astrocytemediated vasodilations observed in vivo8 and can account for cerebral blood flow changes measured by positron emission tomography37 two-photon microscopy<sup>38,39</sup> and with physiological activation. Previous studies on the bidirectional control of vessel diameter implicated different populations of GABA neurons<sup>40</sup>, nitric oxide levels<sup>6</sup> and pericytes<sup>41</sup>. Our data indicate that the separate yet competing molecular pathways regulating cerebral blood flow from astrocytes would reach an equilibrium, which shifts depending on the degree of metabolic activity. Under more quiescent periods when O<sub>2</sub> is not being rapidly consumed, astrocyte Ca<sup>2+</sup> signals induce constrictor tone, keeping cerebral blood flow at an appropriate lower level. During more active periods, the drop in  $p_{\rm O2}$  from oxygen consumption and the rise in extracellular lactate and adenosine promote astrocyte-mediated dilation. Manipulating this balance may be a therapeutic avenue for treating the inappropriate declines in cerebral blood flow that occur in some dementias and after stroke.

#### **METHODS SUMMARY**

Hippocampal-neocortical slices were prepared from juvenile (postnatal age 16-21 days), male, Sprague-Dawley rats. Treatment of animals was approved by the University of British Columbia Animal Care and Use Committee. Artificial cerebrospinal fluid (ACSF) bubbled with 95% O2, 5% CO2, was defined as high O2 and 20% O2, 5% CO2, balanced N2, was defined as low O2. Astrocytes were loaded with the Ca<sup>2+</sup> cage DMNPE-4/AM (10 µM) and/or the Ca<sup>2+</sup> indicator rhod-2/AM (10 μM) as previously described<sup>5</sup>. A two-photon laser-scanning microscope (Zeiss LSM510-Axioskop-2 fitted with a 40X-W/0.80 numerical aperture objective lens) coupled to a Chameleon ultra-tunable ultra-fast laser (~100-fs pulses 76 MHz, Coherent) provided excitation of rhod-2, intrinsic NADH and was used for uncaging Ca<sup>2+</sup>. Arterioles were imaged by acquiring the transmitted laser light and using IR-DIC optics. Quantification of lumen diameter, NADH and Ca2+ changes were performed with Zeiss LSM (version 3.2) software and ImageJ. The assay used for measuring PGE<sub>2</sub> release was Specific Parameter PGE2 ELISA kits (R&D systems). Extracellular lactate levels were measured using a lactate assay kit (Biomedical Research Service Centre). Experimental values are the mean ± s.e.m., expressed as a percentage of 100% control.

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**Full Methods** and any associated references are available in the online version of the paper at www.nature.com/nature.

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**Supplementary Information** is linked to the online version of the paper at www.nature.com/nature.

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**Author Contributions** G.R.J.G. and B.A.M. designed the imaging experiments and wrote the manuscript. G.R.J.G. performed the imaging experiments and analysis, took slice  $p_{\rm O2}$  measurements and tested the effects of synaptic activation on vasomotion. H.B.C., G.R.J.G. and B.A.M. designed the lactate and PGE $_2$  experiments. H.B.C. and B.A.M. designed the immunohistochemistry experiments. H.B.C. performed the lactate and PGE $_2$  measurements and analysis and the immunohistochemistry. R.L.R. performed the extracellular field recordings examining adenosine tone. G.C.R.E.-D. designed and synthesized the calcium cage. All authors helped to edit the manuscript.

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#### **METHODS**

Slice preparation and O<sub>2</sub> conditions. Sprague–Dawley rats were anaesthetized with halothane (Sigma), decapitated and the brains removed into ice-cold slicing solution containing (in mM): NaCl, 87; KCl, 2.5; NaHCO<sub>3</sub>, 25; CaCl<sub>2</sub>, 0.5; MgCl<sub>2</sub>, 7; NaH<sub>2</sub>PO<sub>4</sub>, 1.25; glucose, 25; sucrose, 75; saturated with 95% O<sub>2</sub>/5% CO<sub>2</sub>. Transverse hemi-sections, 400 µm thick, were sliced (Leica vibratome) and incubated at 34 °C in ACSF containing (in mM): NaCl, 126; KCl, 2.5; NaHCO<sub>3</sub>, 26; CaCl<sub>2</sub>, 2.0; MgCl<sub>2</sub>, 1.5; NaH<sub>2</sub>PO<sub>4</sub>, 1.25; glucose, 10; saturated with 95% O<sub>2</sub>/ 5% CO<sub>2</sub> for 60 min. For experiments slices were at 22–24 °C and perfused at  $\sim 2 \,\mathrm{ml\,min}^{-1}$ . 20% O<sub>2</sub> provided a  $p_{\mathrm{O2}}$  on the low end of physiological <sup>16</sup> (Supplementary Fig. 2). Healthy slices can be maintained in 20% O<sub>2</sub> (ref. 42). Imaging and uncaging. Images were acquired between 50 and 100 μm deep into the slice. Rhod-2 was excited at 835 nm (~3 mW after the objective) and fluorescence was detected with a PMT after passing through a 605-nm (55-nm bandpass) emission filter. For uncaging, the laser was tuned to 730 nm, which also excites rhod-2 (ref. 43). The laser power was carefully increased (~40 mW after the objective) until a Ca<sup>2+</sup> signal, characteristic of internal release, occurred within astrocytes, triggering a Ca<sup>2+</sup> wave. The nonlinearity of two-photon microscopy<sup>44</sup> ensures no uncaging occurs during rhod-2 excitation.

objective) and fluorescence was detected with a PMT after passing through a 450-nm (30-nm band-pass) emission filter. Time series NADH images were acquired every 30 s. NADH z-stacks (one control and then one treatment) were acquired continuously. Although exhibiting identical spectral properties to NADH, NADPH is thought to contribute little to the fluorescence signal  $^{45,46}$ . Lactate and PGE2 measurements. Protocols in suppliers' instructions were followed for the PGE2 ELISA and the lactate assays. In both, tetrodotoxin (TTX, 1  $\mu$ M) and 3,7-dihydro-1-methyl-3-(2-methylpropyl)-1H-purine-2,6-dione (IBMX, 100  $\mu$ M) were added to dampen neuronal activation and preserve cAMP, respectively. cAMP facilitates glycogen breakdown  $^{47}$  which is important for astrocyte glycolysis  $^{48}$ . We confirmed that the same effects occur, yet at higher

values, without these compounds.

For NADH excitation the laser was tuned to 740 nm<sup>14</sup> (~30 mW after the

Immunohistochemistry. Twenty-micrometre sections were used for immunostaining as described<sup>49</sup>. Sections were incubated in blocking solution containing 0.5% BSA and 0.2% Triton X-100 in 0.1 M PBS for 30 min. Sections were incubated overnight at 4 °C with primary antibodies against GFAP (1:1,000; Sigma), MAP2 (1:1,000; Chemicon), COX1 (1:200; Santa Cruz Biotechnology), COX2 (1:200; Santa Cruz Biotechnology), or PGT (1:100; Alpha diagnostic). Sections were then incubated with secondary antibodies: FITC-conjugated mouse antirabbit IgG, FITC-conjugated donkey anti-mouse IgG, rhodamine-conjugated rabbit anti-goat IgG or rhodamine-conjugated goat anti-mouse IgG at room temperature for 2 h in darkness (all secondary antibodies from Santa Cruz Biotechnology).

**Electrophysiology.** For extracellular recordings examining adenosine, slices were maintained at 34 °C and bubbled with an  $O_2$  treatment 45 min before experimentation. Field excitatory postsynaptic potentials (fEPSPs) were evoked by stimulating the hippocampal CA3–CA1 pathway using a concentric bipolar electrode (Frederick Haer Co.) and were acquired in stratum radiatum. fEPSPs were evoked every 30 s and were analysed for slope (mV ms $^{-1}$ ) (see ref. 33 for details). Responses were normalized to the control mean. A second response, 50 ms after the first, was evoked for the paired-pulse. The paired-pulse ratio equals the average of ten sweeps during DPCPX/average of ten sweeps immediately before DPCPX.

To test synaptic activation in vasomotion, a stimulating electrode and recording electrode were positioned  $\sim\!250\,\mu m$  apart in the CA3–CA1 pathway, straddling the vessel. A 10–20-Hz stimulation train 350–1,000 ms in duration was repeated 5–10 times at a rate of 0.5–1 Hz. Once a constriction was observed in high  $O_2$ , the same stimulation protocol was used in low  $O_2$  to evoke dilation. Forty minutes equilibration was allowed when the  $p_{O2}$  was changed.

Data collection, analysis and statistics. An image  $(512 \times 512 \text{ pixels})$  was collected in 393.2–983.4 ms, using 8-line averaging. Lumen diameter measurements were made at multiple sites along the vessel. Fluorescence signals were defined as  $F/F_0$  (%) =  $[(F_1 - B_1)/(F_0 - B_0)]$  100, where  $F_1$  and  $F_0$  are fluorescence at a given time and the control period mean, respectively.  $B_1$  and  $B_0$  are the corresponding background fluorescence signals. Background values were taken from the neuropil for rhod-2 and the vessel lumen for NADH. Pseudo-colour images show absolute changes in fluorescence (ImageJ, 16-colour linear Lut). Experimental values are the mean  $\pm$  s.e.m.; baseline equals 100%; n is the number of experiments conducted. Lumen diameter changes: 90% means a reduction in diameter by 10% and 110% means an increase in diameter by 10%. Statistical tests were either a two-tailed Student's t-test or an ANOVA with a Neumann–Keuls posthoc test for comparison between multiple groups. P < 0.05 was accepted as statistically significant (asterisk, P < 0.05; double asterisk, P < 0.01).

**Drugs.** Sigma supplied tACPD, applied for 5–10 min; lactate, applied for 5–10 min and pH-corrected to 7.4; sodium-oxamate and sodium-iodoacetate, applied continuously with 15 min incubation (iodoacetate exposure of  $\sim$ 30 min generated an 'anoxic-depolarization-like' wave causing vessel spasms; tACPD was assessed before this event); indomethacin, applied continuously with 20 min incubation; IBMX, present during the release assays; U46619, applied continuously with 20 min incubation. Tocris supplied DPCPX, applied continuously; CGS21680, applied continuously with 20 min incubation. Alamone labs supplied tetrodotoxin, present during release assays. Cayman Chemicals supplied PGE<sub>2</sub>, applied for 5 min. Invitrogen supplied rhod-2/AM. DMNPE-4/AM was synthesized by G. Ellis-Davies. T34, puffed from a pipette or bath applied, was a gift from V. L. Schuster.

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